



2022 Annual Update

2,360 Regional Family Network Members
1,867 Facebook Likes



Engaging Families

Regional Family Network Activities Highlights

New Year Wishes Activity Kits • Valentine Exchange • Home "Tweet" Home Family Activity Day • Happy Camper Family Event • Make Lemonade & Friends Mom's Social • Key to My Heart Gift for Dads • Adventure Stories Contest • Winter Family Event



Strengthening Families

Family Training Event Highlights

- **Positive Planning for the New Year Workshop**
- **Coping through COVID: Couples Edition**
- **Navigating DD Services Online Workshop**
- **Preparing for Middle School Online Workshop**
- **Fair Housing Rights to Protect Children & Adults with Disabilities** with Fair Housing Council of Oregon
- **Housing: How the Oregon ABLE Savings Plan Helps Oregonians with Disabilities** with Oregon ABLE
- **Helping Your Child Communicate** with Creating Pathways Pediatric Therapy
- **Alternatives to Guardianship Online Training** with The Arc Oregon, GAPS
- **Learn How to Advocate for Your Child in School** with Marion & Polk Early Learning Hub
- **Sensory Strategies for Home!** with Creating Pathways Pediatric Therapy
- **Employing PSWs Successfully Workshops**



Equipping Families

Health Equity Initiatives

- **Cooking Safely Together – In Person Workshop** - with Oregon Health Authority grant funds, we hosted our first in its series of Cooking Safely Together – Family Food Handling Workshops. This first workshop was in-person at the Salem Hospital and was video recorded so we can feature segments of the video at future training sessions in 2023. This training series was designed to teach youth with disabilities, their siblings, parents, and caregivers the essentials of food safety including storage, preparation, and handling. Topics addressed included handwashing, surface cleaning, maintaining correct holding temperatures, proper thawing processes, cooking standards, monitoring freshness, and ensuring proper storage placement. Each participating family received a safety kit that included oven mitts, food thermometers, cutting boards, fire blanket, aprons, and reference posters.

- **Northwest Family Outdoor Adventure Day** – with Oregon Health Authority grant funds, to equip families to survive the outdoors during recreational as well as emergency situations, we held a Northwest Family Outdoor Adventure Day where over 335 children and adults participated. As families made their way through the interactive event, they participated in facilitated learning activities, received survival information, and gathered a variety of free outdoor survival supplies such as emergency hand-crank flashlights, compasses, water filtration straws, and a picture-based emergency survival book.



Building Collaboration Systems Advocacy Highlights

- **Marion-Polk Family Resources, Support & Training (FRST) Group Coordination**
- **Special Education Advisory Partner for Salem-Keizer Schools**
- **Oregon's Developmental Disabilities Services Vision Advisory Group**
- **Community Service Integration Team Meeting Participation**
- **Provided Dozens of Local Families Individual Support, Consultation and Advocacy Assistance**



Contracted Program Coordination

- **Community Based Organization-Health & Housing Initiatives** - Marion, Polk & Yamhill Counties
Contracted by the Oregon Health Authority, Creating Opportunities has provided Health and Housing Stability information through community outreach, communicable disease prevention, and emergency preparedness activities. We also partnered with state agencies and community partners to improve housing stability for people with disabilities.
- **Regional Family Network** - Marion, Polk & Yamhill Counties
Contracted by the Oregon Department of Human Services, Office of Developmental Disability Services, and the Oregon Council on Developmental Disabilities to strengthen families and communities.
- **Employer Resource Connection** - Tillamook, Lincoln, Marion, Polk, Yamhill, Linn, Benton & Lane
Contracted by Oregon Home Care Commission to assist families and adults who employ support workers.
- **GO Project** – Statewide
Contracted by the Oregon Developmental Disabilities Coalition to support legislative advocacy.



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